

Dear Valued Member,

You are on our **MyHealth Plus** option, which provides you with access to a range of quality, private medical services that will ensure that you receive the very best care - as and when you need it.

MyHealth Plus Primary Healthcare Plan		
Benefits	Healthcare Services	MyHealth Plus
Primary Care: Prime Cure GP	100% of agreed rate at a Prime Cure contracted GP.	Unlimited Visits
Non network GP visit	1 per beneficiary pa, to a maximum of 2 per family pa, R950 limit per event.	✓
Nurse-based care	Acute visits at a contracted Pharmacy Wellness Clinic.	✓
Specialist Benefit	Referral by a contracted GP, pre-authorisation required. Limited to a maximum of R 3 500 per family and R 1 750 per beneficiary per annum.	✓
Acute Medication	100% of agreed rate. Formulary applies at contracted Pharmacies.	✓
Over-The-Counter Medication	R125 per event to a max of R375 per beneficiary per annum.	✓
Chronic Medication	100% of agreed rate, registration of medication required, formulary applies, contracted Pharmacies.	27 Conditions
HIV Medication	ARV's, Antibiotics, Prophylactics and Supplements.	✓
HIV Programme	Counselling, pathology, CD4, viral load. On registration.	✓
Basic Dentistry	Fillings, extractions, pain and sepsis, scaling and polishing at network Dentists.	✓
Dentures	Plastic and Acrylic (21 yrs plus) 20% co-payment for dentist and laboratory.	✓
Optometry	One eye examination per beneficiary per annum and 1 set of glasses with single or bi-focal lenses every 24 months per beneficiary per annum at contracted providers only.	✓
Radiology	100% of agreed rate, Black & White X-Rays and Soft Tissue Ultrasounds.	✓
Maternity	2 x 2D Scans per pregnancy per annum, relevant pathology and medication as per formulary. Antenatal care at contracted GP.	✓
Pathology	100% of agreed rate, according to a list of approved codes.	✓
MyDoctor	Online portal & 24hr Advice Line.	✓
Health Screenings	Health risk assessment which includes Blood Pressure, Body Mass Index, Cholesterol, Glucose and HIV Testing.	✓ Onsite (50+ employees)
Road Accident Cover	Assistance for Road Accident Claims.	✓
Workman's Compensation Cover	Advice for injury on duty claims.	✓
Death Cover	Natural Causes	R10,000
	Accidental	R20,000
Ambulance (ER24)	Private ambulance transportation and stabilisation at the scene of the emergency. Call ER24 on 084 124.	✓
Medical Emergency	Casualty benefit for the sudden and unexpected onset of a life-threatening health conditions (unlimited). Stabilisation only, then transfer to a State facility, Call ER24 on 084 124.	✓
Accident Cover	Casualty Treatment - Accident only, Call ER24 on 084 124.	R17 000 per event
	In-Hospital Treatment - Accident only, Call ER24 on 084 124.	R300 000

*Disclaimer: This information for the purposes of UCT only.



Important Information

Dependants

As a member, you are able to add your dependants to your MyHealth membership. The service fees will be collected as a payroll deduction. Contributions are as below.

Joining dates

Dependants can only join during one of the following periods:

- During our Annual Renewal Period (January of every year)
- A new born baby, adoption and marriage will allow for immediate registration of a dependant

Registration of dependants

- Child Dependents over the age of 21 can no longer be part of the Principal member's Policy, regardless of whether they are students or not. Child Dependents over the age of 21 who are mentally/physically disabled and therefore financially dependent on the Principal member, may remain on the Principal members' policy as an Adult Dependent at the Principal's members' premium (i.e. 100% of Premium).
- A maximum entry age of 60 applies to Spouses.

Documentation Requirements

- A fully completed MyHealth Application
- A clear copy of either the ID or Birth Certificate of all dependants being registered
- The above documentation must be received by the 7th day of the month in order for cover to commence from the 1st of that month i.e. Documentation must be received by the latest the 7th of March in order for cover to commence from the 1st of March.

2019 Contributions

MyHealth Plus	2019 Contribution
Principal Member (including VAT)	R 336,95
Spouse (including VAT)	R 236,56
Child Dependant <21 years old (including VAT)	R 136,16
Adult Dependant with Mental/Physical disability >21 years old (including VAT)	R 336,95

MyHealth App (Online)

Once you have been activated, you can download our free app. Free, simple and easy to use, the Kaelo MyHealth App helps you get the most out of your MyHealth Plan.

- No need to carry a card
- Check your membership details
- Know all your benefits at a glance
- Stay up-to-date with all your claims
- All the contact details you need
- Get answers to common questions

Visit your App store and make sure to search KX – MyHealth. Download the App and login using your member number and password.



As a valued client of Kaelo, we thank you for your ongoing support.

MyHealth Team

0861 493 587

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